



phone: 310-318-6484 fax: 310-318-9454

www.simple-gourmet.com
info@simple-gourmet.com
443-A S. Pacific Coast Hwy.
Redondo Beach, CA 90277

Simple Gourmet Weekly Meals

Simple Gourmet is helping you feed you and your family! Skip the restaurant take-out and prepared food counters and enjoy fresh, seasonal meals made specially for you. Our Weekly Meals menu brings you tasty, healthful dishes that draw upon comfort food favorites and flavors from around the world.

Simple Gourmet Weekly Meals is like having a Personal Chef make you dinner five-nights a week! We take the time to understand your culinary tastes and are happy to work around dietary restrictions. Our Meal Programs are personal, restaurant-quality meals that you can enjoy at home.

HOW IT WORKS –

- Meals are prepared in the Simple Gourmet Kitchen Mondays and available after 3:00 PM for pick up.
- Delivery in the South Bay is available at an additional charge.
- Meals are packaged in two-portion containers that can be heated in the microwave or oven.
- Meals may be kept in the refrigerator for up to 5-days, after which we recommend freezing.

HOW TO GET STARTED –

Fax all forms to 310-318-9454 or call to place your order over the phone at 310-318-6484.

1. **FOOD FORM** - As a new customer, we want to find out about your culinary likes & dislikes. Fill out the attached Food Form and include any favorite foods, allergies and dietary restrictions.
2. **ORDER FORM** – We collect Order Form at the beginning of each month. Fill out the attached Order Form by checking which Meal Program you like and how often you'll need the meals for that month.
3. **PAYMENT FORM** – Please complete the attached Credit Card Authorization Form. We keep this form on file and charge you twice a month for your orders. Upon charging, we will send you a receipt. We accept Visa, Mastercard and American Express.
4. **NEW CUSTOMERS** – We will check in with you during your first week to see how you're enjoying the food and identify any further likes and dislikes. At that time, you are welcome to make changes to your quantities.

MAKING CHANGES TO YOUR ORDER –

Once you're signed up with us, we will prepare weekly meals based on your likes and dislikes in the quantities you determine on your Order Form. We do not provide menus to our customers prior to preparation. This gives us the opportunity to focus on whatever foods are freshest and in season. However, you are always welcome to submit special requests to repeat a favorite menu item – if there is something you love, let us know and we'll do our best to incorporate it into your weekly meals!

We will contact you with a new Order Form each month. Any mid-month changes to quantities must be made by Friday for the following Monday meal preparation. If you're going on vacation or need to pause your Program or cancel the Program, simply call or email us by Friday.



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ORDER FORM

NAME: _____ PHONE: _____

EMAIL: _____ FAX: _____

PLEASE CHECK WHICH PROGRAM AND ADDITIONAL ITEMS YOU WOULD LIKE -

BASIC PROGRAM - \$200

- 4 Meals for 2 people
- Each Meal includes an entrée and two side dishes.

FAMILY PROGRAM - \$300

- 4 Meals for 4 people
- Each Meal includes an entrée and two side dishes

ADDITIONAL ITEMS -- Additional items may be added to your Weekly Meal Program. Please check the items you would like and indicate how many containers to add to your Weekly Program.

- Soups – Our homemade, seasonal soups are packaged in 4-cup containers.

\$8.95 per container **Number of containers** _____

- Sides – Fresh vegetable and hearty starch side dishes are packaged in 2-portion containers.

\$4.95 per container **Number of containers** _____

- Desserts – Our homemade pies, cakes, brownies, cookies come with 8 portions.

\$9.95 per item **Number of items** _____

HOW OFTEN WOULD YOU LIKE MEALS?

EVERY MONDAY

EVERY OTHER MONDAY

PICK UP OR DELIVERY? Delivery is only available in the South Bay, for a \$25 fee.

I will pick up at the Simple Gourmet Kitchen on Mondays between 3:00 pm – 5:00 pm.

Please deliver my order to the address below. Deliveries will be made Mondays between 3:00 – 6:00 PM.

DELIVERY ADDRESS:



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SAMPLE MENU

These sample menus are an example of the menu you can expect in our Weekly Meals Program. **We do not provide set menus.** This gives us the opportunity to focus on whatever foods are freshest and in season. However, you are always welcome to submit special requests to repeat a favorite menu item – if there is something you love, let us know and we'll do our best to incorporate it into your weekly meals!

SAMPLE MEALS –

Saffron & White Wine Braised Chicken with Roasted Sweet Potatoes and Fresh Corn Succotash
Sun-Dried Tomato & Goat Cheese Stuffed Chicken Breast with Orzo & Grilled Vegetable Pilaf
Herb-Garlic Grilled Steak with Couscous & Dried Apricot Pilaf and Grilled Asparagus
Roasted Salmon with Blackberry-Ginger Sauce, Roasted Baby Potatoes and Dijon Green Beans
Seared Tilapia with Wild Mushroom Sauce, Mashed Sweet Potatoes and Roasted Broccoli
Poached Salmon and Caramelized Fennel Pot Pie with Marinated Baby Tomato Salad
Peanut-Lime Glazed Chicken Skewers with Basmati Rice Pilaf and Lemon Glazed Snap Peas
Chipotle-Molasses Glazed Meatballs with Black Bean & Sweet Potato Salad

SAMPLE SOUPS –

Hearty Turkey Chili with Black Beans and Roasted Tomatoes
Creamy Roasted Cauliflower Soup
Hearty Tomato-Garlic with Mini Meatballs
White Chicken Chili with Roasted Green Chilies and Cannelini Beans
Pureed Carrot-Parsnip-Apple Soup

SAMPLE SIDES

Dijon Marinated Green Bean Salad
Chili-Lime Black Bean and Sweet Potato Salad
Buttermilk Mashed Potatoes
Orange-Maple Mashed Sweet Potatoes
Marinated Baby Tomatoes and Fresh Mozzarella with Basil
Couscous Pilaf with Dried Apricots, Toasted Almonds and Herbs
Assorted Grilled Vegetables with Balsamic Glaze

SAMPLE DESSERTS –

Raspberry Spiked Brownies
Seasonal Fruit Crumbled with Almond Struesel Topping
Flourless Chocolate Cake
Croissant Caramel Bread Pudding
Lemon Pound Cake with Strawberry Sauce
Best Ever Homemade Chocolate Chip Cookies



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FOOD FORM

We want to get to know you and your culinary likes and dislikes! Please complete the form below with as much detail as possible. We do not recommend our Weekly Meals Program if you, or anyone in your household has severe food allergies.

NAME: _____

DATE: _____

FAVORITE FOODS – tell us about the food you love

LEAST FAVORITE FOODS – anything you don't like to eat

ALLERGIES – please list ALL allergies



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CANCELLATION POLICY, FEES & LIABILITY WAIVER

Orders must be placed by the last Friday of the month. Orders are monthly and will be prepared on Mondays based on the quantities you indicate on the Order Form. We will charge your card after receiving your Order Form for the month. Any changes must be made by Friday for the following week. Cancellations cannot be made mid-month. If an emergency arises and you are unable to pick up at your scheduled time, please contact us to arrange an alternate pick-up time.

Sales tax will be added to all orders.

In signing below, you recognize Simple Gourmet is not responsible for the freshness and quality of food prepared and reheated at home. All entrees are chilled at the time of pick-up. For dishes requiring oven heating, Simple Gourmet provides detailed instructions. We do not recommend our Weekly Meals Programs if you or anyone in your household has a severe food allergy.

CREDIT CARD INFORMATION

NAME _____

HOME ADDRESS _____

BILLING ADDRESS _____

HOME PHONE _____ CELL PHONE _____

Credit Card Holder Name _____

Credit Card Number _____

Exp Date _____

(We accept Visa, MasterCard and AMEX)

Verification Number _____

Signature _____ Date _____